



가  
GTN  
가

가

1998 9

1999 7

59

가

가

2

GTN

30 29

, 2% nitroglycerine (Furgurae, USA) petrolatum 0.2% GTN (placebo) petrolatum sorbitol 가

GTN

가

amic acid  
psyllium 2  
mg

diazepam 1

,

2

2

가

,

가

6

. GTN

13

10

0.2% GTN

가

가

5

1

가

Wil-  
coxon signed rank test,  
Mann-Whitney test,

chi-square test

Fisher's exact test

. p 0.05

가

59

16

GTN

22

,

21

10

,

13

36

34

(p > 0.05).

33

.

8

(2

12

GTN ,

(p < 0.05)(Table 1).

27.3%, GTN

14.3%,

16.5%

(p < 0.05)

(Table 1).

GTN

63.6%,

61.9%

(p > 0.05)(Table 2).

GTN 3 (13.6%)

**Table 1.** Resting pressure before and after treatments

	Pre-Tx. (mmHg)	Post-Tx. (mmHg)	Pressure decrease (%)	p value
Preliminary group	82.2 ± 10.6	59.2 ± 7.0	27.3*	< 0.05
GTN group	82.6 ± 15.	69.6 ± 9.8	14.3	< 0.05
Placebo group	80.7 ± 9.9	65.0 ± 9.8	16.5	< 0.05

Tx = treatment; GTN = glyceryl trinitrate.

\*p < 0.05.

Table 2. Clinical effects of GTN and CT

	Fissure healing (%)	Recurrence (%)	Operation (%)
GTN group	14/22 (63.6)	5/14 (35.7)	2/22 (9.1)
Placebo group	13/21 (61.9)	6/13 (46.2)	5/21 (23.8)

GTN = glyceryl trinitrate.

Eisenhammer<sup>6</sup>가

가 1960

가가  
<sup>8-11</sup>

가 (spasm)

가 (hypertonia)

20 50%  
가

<sup>10,12</sup>

2 30% 가

<sup>13-15</sup>

50 가

가

sphincterotomy) 가

sphincterotomy) 가

tulinum toxin

Rattan Chakder<sup>18</sup>가

Duthie<sup>7</sup>

가

가가

(reversible (chemical

가 glyceryl trinitrate bo-

<sup>1,17</sup> 1992

Loder<sup>1</sup> GTN

가

Gorfine<sup>2</sup>

GTN

<sup>3,4,19</sup>

GTN

27.3%가

20 50%가

<sup>1,4,19</sup>

24 43%

GTN

가

가 가

<sup>10,20,21</sup>

GTN

64%

47 85%

가

14.3%

nitroglycerine

가

tachyphylaxis

<sup>22</sup>

가

가

GTN

Fraser<sup>16</sup>가

가

2

가

GTN

GTN

가

GTN

3

14%

20%

58%

GTN

23

가

GTN

GTN

가

GTN

가

35.7%

12 29%

가

4,2,3,24

65%

GTN

GTN

가

가

가

25

가

가

16

26

27

가

GTN

가

GTN

가

GTN

GTN

GTN

GTN

가

가

가

GTN

4

GTN

가

가

GTN

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